



PERTSA WRESTLING CAMP

Northern Area Wrestling Camp

15. - 17.11.2019

in Sodankylä



Dates	15.11. klo 19.00 – 17.11.2019 klo 12.00
Location	Sodankylä Sports Hall, Haastajantie 6, Sodankylä
Participation	Camp is intended for anyone participating the competition, except novices / beginners, who have started wrestling after 2017
Registration	In the same way as the competition, latest 12.11.2019
Training facilities	The camp has three mats and sport hall facilities are in use. There is one exercise every day in the camp.
Entry fee	The camp fee is 50 € /participant. It includes exercises, accommodation, evening meals x 2, lunch, dinner and breakfast. Fee is collected on the spot.
Accommodation	Sodankylä Sports Hall or similar place (free of charge) Hotel Sodankylä tel. +358 (0)16 617121, www.sodankylahotel.fi Hotelli Bear Inn tel. +358 (0)401 228250 , www.hotel-bearinn.com Camping Nilimella tel. +35816612181, www.nilimella.fi
Timetable	Friday Wrestling exercise 19.00 – 20.30 Weigh-In 21.00 for Competition Evening meal Accommodation Saturday Weigh-In 9.30-10.00 Lunch in the competition venue Wrestling competition starts at 12.00 Camp dinner Wrestling exercise 19.00 – 20.30 Evening meal Accommodation Sunday Breakfast 7.30 – 08.00 Wrestling exercise 9.30 - 12.00

Lapin Veikot welcomes wrestlers, trainers and referees to Sodankylä!