



INTERNATIONAL HERMAN KARE TOURNAMENT

Saturday, 14 January 2023
KOUVOLA, FINLAND

We have a pleasure to invite your team to participate in the United World Wrestling Calendar tournament Herman Kare to be held on 14 January 2023 in Kouvola, Finland.

Competition venue: Jatke Areena, Huovinhongantie 1, 45200 Kouvola, Finland

Time: Saturday, 14 January at 10.00 and 17.00

Weight categories: Greco-Roman: 60, 67, 72, 77, 82, 87, 97 and 130 kg (+2 kg)

Weigh-in: Saturday, 14 January at 8.00-8.30

Entries: Suomen Painiliitto – Finnish Wrestling Federation
E-mail: FIN@unitedworldwrestling.org

The preliminary entries should reach the Finnish Wrestling Federation by **15 November 2022** and the nominative entries by **15 December 2022**.

Financial conditions: The Organising Committee will provide board and lodging from 13 to 15 January 2023. The invitation includes board and lodging for maximum as following:

- 6 wrestlers, 1 coach and 1 referee.
- The delegations whose composition doesn't correspond to the invitation, as well as the delegations staying for a longer period than scheduled should pay 50 € / day / person.
- The leaders of the delegations must fulfill their financial obligations towards the Organising Committee upon arrival.
- We will organise free bus transportation on Friday, 13 January from Helsinki Harbour at about 10.00 - 11.00 and from Helsinki airport at about 11.30 - 12.30 and back to Helsinki on Sunday, 15 January.

Accommodation: The delegations will be accommodated in Hotel Scandic Kouvola

Connections: Kouvola Railway station 5 km
Helsinki-Vantaa Airport 130 km
Helsinki Harbour 130 km

Information: Timo Pahkala
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Welcome to Kouvola!
Timo Pahkala
President of the Organising Committee