



NORDIC WRESTLING ASSOCIATION

INVITATION

NORDIC CHAMPIONSHIPS MAY 03rd – 04th, 2025

On behalf of the Norwegian Wrestling Federation, Sportsklubben 09 we have the pleasure to invite your country to participate in the 2025 Nordic Championships in the following categories: GR17, WW17, FS17 and GR20.

The Championships will take place on 3-4 of May in Oslo, Norway. GR17 and WW17 will compete Saturday 3rd of May and GR20 and FS17 will compete Sunday 4th of May.

General information:

Place of competition – Bjølsenhallen, Moldegata 7, Oslo

Accommodation – Thon Hotel Storo, Vitaminveien 23, Oslo

Closest available airport is Gardermoen/Oslo airport. The organizer will not provide any transportation. See separate instructions for information about local transportation.

The teams can check in from 15.00 on May 2nd. Check out time is May 4th at the latest at 11.00.

The walkway between the hotel and the arena is 1,2 km and takes 10-12 minutes to walk, so no transportation will be necessary between hotel and arena.

Livestreaming:

The event will be streamed live on YouTube. Link will be provided closer to the tournament.



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Weight classes:

U17

GR categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance)

WW categories: -40; -43; -46; -49; -53; -57; -61; -65; -69; -73 kg (+1 kg tolerance)

FS categories: -45; -48; -51; -55; -60; -65; -71; -80; -92; -110 kg (+1 kg tolerance)

U20

GR categories: -55; -60; -63; -67; -72; -77; -82; -87; -97; -130 kg (+2 kg tolerance)

Entries: All entries should reach the organization by email

<mailto:morten.sandnaes@nif.idrett.no> at the latest by following deadlines:

Preliminary entry: April 7th (number of wrestlers/ coaches/ leaders/ officials)

Final entry (by name): April 21st.

Rules & fees: All rules & fees according to current NWA Statutes.

Each country has to be represented by at least two national referees. UWW license is required for all athletes.

Financial conditions:

Participation fee: 90 €/per person/day (incl. meals & accommodation)

Membership fee NWA: 100 €/per nation

NWA fee: 230 €/per nation

All nations will receive an invoice prior to the competition.

PROGRAM

Friday, May 2nd (Arrival of delegations)

15.00 - 18.00	GR17 and WW17 final registration at Thon Hotel Storo. Earliest check in time at the hotel is 15.00
17.00 – 19.30	Possibility for training in Bjølsenhallen
18.00 – 20.30	Dinner in Bjølsenhallen
19.30 – 20.30	Meeting of team representatives, coaches and referees in Bjølsenhallen



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Saturday, May 3rd

8.00 – 8.30	Weigh-in GR17 and WW17, Thon Hotel Storo
8.00 – 9.30	Breakfast at the hotel
10.00	Qualification rounds
12.00 – 14.00	Lunch in Bjølsenhallen (no competition brake)
15.00 – 17.00	GR20 and FS17 final registration Bjølsenhallen
16.00	Opening ceremony, final rounds and award ceremonies
17.00 – 19.00	Dinner in Bjølsenhallen
19:00 – 20:00	Meeting for team representatives GR20 and FS17

Sunday, May 4th

8.00 – 8.30	Weigh-in GR20 and FS17, Thon Hotel Storo
8.00 – 9.30	Breakfast at the hotel
10.00	Qualification rounds. Check out time from the hotel 11:00
12.00 – 14.00	Lunch in Bjølsenhallen (no competition brake)
15.00 – 17.00	GR20 and FS17 final registration Bjølsenhallen
16.00 – 18:00	Final rounds and award ceremonies.

Inquiries:

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